



<b>Week of 6/15/2015</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Spinach, mushroom, and garlic scrambled eggs with roasted carrots</b>	<b>Fried egg over bacon and garlic cauliflower rice</b>	<b>Breakfast bowl with apples, cinnamon, pecans, and chia seeds</b>	<b>Pizza frittata with pepperoni, basil, and goat cheese</b>	<b>Carrot cake pancakes with whipped maple cinnamon frosting and bacon</b>
<b>Lunch</b>	<b>Paleo Moo Shu Beef</b>	<b>Honey ginger chicken and veggie stir fry</b>	<b>Honey mustard chicken wings with caramelized apples</b>	<b>Greek chicken kabobs with tzatziki sauce</b>	<b>Meatball sammy</b>
<b>Dinner</b>	<b>Roasted asparagus &amp; mushroom carbonara with bacon and chicken</b>	<b>Almond butter chicken saute</b>	<b>Shrimp scampi over zucchini noodles</b>	<b>Beef enchilada casserole with housemade tortillas</b>	<b>Jalapeno avocado chicken burgers with sweet potato tots</b>