



8/25/2015	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	SPINACH, TOMATO, GOAT CHEESE, AND PROSCIUTTO, FRITTATA WITH FRESH FRUIT	BREAKFAST CASSEROLE WITH SAUSAGE AND SWEET POTATOES	EGG & VEGETABLE CUPS WITH ROASTED SWEET POTATOES	PIZZA FRITTATA WITH PEPPERONI, BASIL, AND TOMATOES	BLUEBERRY PANCAKES WITH BACON
Lunch	BBQ CHICKEN THIGHS WITH CARAMELIZED APPLES	EGG ROLL IN A BOWL	TERIYAKI ORANGE WINGS WITH GRILLED PINEAPPLE	GROUND BEEF TACOS WITH SHREDDED LETTUCE AND SALSA	CUCUMBER SANDWICH WITH PARSNIP POT SALAD
Dinner	PALEO LASAGNA WITH ROASTED BROCCOLI	CHICKEN RATATOILLE WITH ZUCHINNI SQUASH & EGGPLANT	MEAT LOVERS CHILI	KIELBASA, PEPPERS, ONION, AND SWEET POTATO HASH	JALAPENO POPPER CHICKEN BURGER, WITH GOAT CHEESE AND SWEET POTATO FRIES