



9/7/2015	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	HOLIDAY	TURKEY, SPINACH, & MUSHROOM SCRAMBLED EGGS WITH PALEO TOAST	PEACH & PECAN BREAD PUDDING	SOUTHWESTERN FRITTATA WITH HAM, PEPPERS, & ONIONS WITH FRESH FRUIT	FRENCH TOAST WITH BACON
Lunch	HOLIDAY	CHICKEN, BROCCOLI, SNAP PEAS, & CARROT STIR FRY	SESAME GINGER WINGS WITH GLAZED CARROTS	BEEF & BACON CASSEROLE	TURKEY, ARUGULA, TOMATO SANDWICH WITH PALEO MAYO
Dinner	HOLIDAY	SPAGHETTI & MEATBALLS	ITALIAN BAKED CHICKEN WITH SPINACH, ARTICHOKE, & TOMATOES	SOUTHERN CHICKEN BISCUITS & GRAVY WITH BROCCOLI	BRAZILIAN FISH STEW WITH BELL PEPPERS, TOMATOES, AND ONIONS