



11/2/2015	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	MAPLE, WALNUT, AND SWEET POTATO BREAD PUDDING	PIZZA FRITTATA WITH PEPPERONI, BASIL AND TOMATOES	PUMPKIN SPICE MUFFIN WITH HARD BOILED EGGS	CHICKEN AND GARLIC SCRAMBLED EGGS WITH PALEO TOAST	CARROT CAKE PANCAKES WITH BACON
Lunch	KALE AND ARUGULA SALAD WITH GRILLED CHICKEN, TOASTED SUNFLOWER SEEDS, PUMPKIN SEEDS, ALMONDS, AND GOAT CHEESE	ORANGE CHICKEN WITH SNAP PEAS AND BROCCOLI	BUFFALO WINGS WITH CELERY, CARROTS, AND HOUSE-MADE RANCH	PALEO CHICKEN PAD THAI	BBQ PULLED PORK SANDWICH WITH SLAW
Dinner	CREAMY CHICKEN & MUSHROOM SOUP WITH BLACK RICE	PALEO CHICKEN AND DUMPLIN'S	MEATLOVERS CHILI WITH PALEO "CORN" BREAD	RED PEPPER AND AVOCADO SOUP WITH SAUSAGE	GRASS-FED BURGER WITH GRILLED ONIONS, GOAT CHEESE, AND HARISSA AIOLI WITH SWEET POTATO FRIES