



11/9/2015	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	PALEO CHOCOLATE BANANA BREAD PUDDING	CARROT AND ZUCHINNI FRITTATA WITH FRUIT	SWEET POTATO, BACON, HAM, AND BRUSSEL SPROUTS BREAKFAST SKILLET	TURKEY, SPINACH, AND MUSHROOM SCRAMBLED EGGS WITH PALEO TOAST	PALEO FRENCH TOAST WITH HOUSE-MADE BACON
<b>Lunch</b>	GRILLED CHICKEN COBB SALAD	BBQ BEEF WITH PALEO SLAW	CHICKEN AND MUSHROOM ALFREDO PIZZA	PHILLY CHEESE STEAK WITH SAUTEED VEGGIES	BOILED HAM WITH HONEY MUSTARD CRUST, MASHED CAULIFLOWER AND GREENS
<b>Dinner</b>	LEMON CHICKEN, GOAT CHEESE, AND SPINACH RICE BOWL	SAUSAGE AND MUSHROOM BUTTERNUT SQUASH PASTA	PORK RAGU OVER A BAKED SWEET POTATO	BRAISED BEEF WITH A BRUSSEL SPROUT SALAD	JALAPENO CHICKEN BURGER WITH SWEET AND BEET CHIPS