



12/21/2015	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	BLUEBERRY BREAD PUDDING	SWEET POTATO, BACON, HAM, AND BRUSSEL SPROUTS BREAKFAST SKILLET	CRAWFISH AND KIELBASA FRITATTA WITH ROASTED SWEET POTATOES	EGG, BACON, AND GOAT CHEESE SANDWICH	MAPLE CINNAMON RAISIN PANCAKES WITH CARAMELIZED APPLES
Lunch	BBQ CHICKEN THIGHS WITH A SIDE KALE SALAD	SWEET POTATO SHEPPARDS PIE	SESAME GINGER WINGS WITH CARAMELIZED CARROTS	TURKEY, ARUGULA, TOMATO SANDWICH WITH PALEO AVOCADO AIOLI	CHILI DOG WITH GOAT CHEESE ON PALEO BREAD
Dinner	CREAMY CHICKEN AND BLACK RICE CASSEROLE	CREAMY BEEF TIP PASTA WITH CARAMELIZED ONIONS AND PEPPERS	PALEO CHICKEN POT PIE	AIRLINE CHICKEN BREAST WITH GREENBEAN, ARTICHOKE, AND MUSHROOM CASSEROLE	BBQ RIBS WITH MASHED SWEET POTATOES AND BROCCOLI