



3/14/2016	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kale, Sweet Potato and Chicken Hash topped with Eggs	Pizza Frittata with Tomatoes, Basil and Pepperoni	Toad in the Hole with Bacon	Grilled Ham Steaks with Scrambled Eggs	Pumpkin Spice Pancakes with Fruit
Lunch	Asian Salad with Grilled Chicken, Oranges, Toasted Almonds and Sesame Dressing	Pulled Pork Sandwich with Paleo Coleslaw	Lemon Garlic Wings with Cucumbers and Ranch	Baked Chicken Thighs with Broccoli	Tuna Salad Sandwich with Sweet Potato Chips
Dinner	General Tso's Chicken over Black Rice	Fajita Chicken Stir Fry	Meat Lovers Chili with Paleo "Cornbread"	Jalapeno Chicken Burger with Sweet Potato Fries	Shrimp Fra Diavolo Pasta (Spicy Marinara with Shrimp over Paleo Pasta)