



4/11/2016	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Kale, Bacon and Sweet Potato Hash with Fried Eggs	Chicken and Sweet Potato Frittata with Roasted Carrots	Apple and Chia Seed Breakfast Bowl with Toasted Nuts	Southwestern Scrambled Eggs over Roasted Sweet Potatoes	Banana Pancakes with Bacon
<b>Lunch</b>	Taco Salad with Ground Beef	Savory Pork Stuffed Baked Apples	BBQ Wings with Roasted Broccoli	Chili Lime Chicken with Roasted Pineapple	Buffalo Chicken and Sweet Potato Casserole
<b>Dinner</b>	Sweet and Sour Chicken & Broccoli over Black Rice	Chicken & Mushroom Pasta with Tomato Basil Cream Sauce	Paleo Sheppards Pie	Teriyaki Salmon with Roasted Vegetables	Italian Baked Chicken with Spinach, Artichokes and Tomatoes over Zucchini Noodles