



5/16/2016	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Plantain, Apple, Bacon and Sweet Potato Hash with Fried Eggs	Chorizo, Mushroom and Kale Frittata	Paleo French Toast with Roasted Sweet Potatoes	Southwestern Scrambled Eggs with Paleo Toast	Blueberry Pancakes with Bacon
<b>Lunch</b>	Chicken Fajita Salad with Salsa	Italian Stuffed Portabella Mushrooms with Ground Beef	Chicken, Artichoke, Sundried Tomato and Goat Cheese Pizza	Layered Chicken Enchilada Casserole with Paleo Tortillas	Pulled BBQ Pork Sandwich with Coleslaw
<b>Dinner</b>	Beef and Broccoli over Black Rice	Paleo Lasagna with Side Salad	Chicken Ratatouille with Squash, Zucchini and Eggplant	Baked Chicken Thighs with Garlic Herb Mashed Cauliflower and Broccoli	Peppercorn Burger with Grilled Onions and Chipotle Aioli with Sweet Potato Fries