



6/13/2016	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Chicken, Kale and Sweet Potato Hash topped with Eggs	Chorizo, Mushroom and Kale Frittata with Fruit	Breakfast Taco with Scrambled Eggs over Paleo Tortilla	Bacon, Goat Cheese and Chive Scrambled Eggs with Paleo Toast	Paleo French Toast with Caramelized Apples
Lunch	Smoked Salmon Salad with Capers, Haricot Vert and Hard Boiled Egg with Lemon Thyme Vinaigrette	Orange Chicken Stir Fry with Broccoli, Snap Peas and Peppers	BBQ Chicken and Pineapple Pizza	Chicken and Vegetable Soup with Tomatoes, Carrots and Sweet Potatoes	Egg Roll in a Bowl with Chicken
Dinner	Chicken and Shrimp Fried Black Rice	Chicken and Broccoli "Alfredo" with Paleo Pasta	Paleo Meatloaf with Spaghetti Squash, Spinach and Marinara	Broiled Haddock with Roasted Vegetables	Tex Mex Casserole with Ground Beef, Carrots and Peppers