



10/10/2016	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	closed	Kale, Chicken and Sweet Potato Hash with Fried Eggs	Crispy Proscuitto, Leek and Basil Frittata with Fruit	Bacon and Chive Egg Scramble with Roasted Vegetables	Banana Nut Pancakes with Bacon and Maple Syrup
<b>Lunch</b>	closed	Turkey Reuben Open Face Sandwich with Slaw and Pickles	Buffalo Chicken With Paleo Ranch and Parsnip Fries	Grilled Shrimp Salad with Cilantro Lime Dressing	Ground Beef Stuffed Bell Peppers
<b>Dinner</b>	closed	Coconut Curry Chicken Stir Fry with Black Rice	Savory Turkey Chili with Onion, Peppers and Roasted Sweet Potatoes	Sweet Potato Sloppy Joe	Grilled Lemon Garlic Tilapia with Roasted Root Vegetables